

Clubs

print workshop, agriculture talk, crab-trap demonstration and salt water salinity testing.

4-H members did community service by picking up trash along the beach.

Participating from Colorado County were Katherine Williams, Josslyn Mercer, Chris Kulhanek, Stephanie Botard, Tiffany Varley, Lauren Trojacek, Erica Trojacek, Jacob Weishuhn, James Jurica, Bernadette

Jurica, Noelle Jurica and Aaron Weishuhn.

The group was accompanied by: County Agent Marty Graves, 4-H Program Assistant Sharon Grahmann, 4-H Leaders, Joan Trojacek, Barbara Weishuhn, Ross Weishuhn and Junior Leader Brandy Tuck.

4-H Sharing-the-Fun was the theme for the 1997 Coastal Bend District 11 Leadership Lab held at Texas A&M Kingsville June 24 -26.

Attending from Colorado County were Ryan Brandt of the Wild Clover 4-H Club, Eric Pesak, Field & Stream 4-H Club, Lora Weishuhn, Frelsburg 4-H Club, Jay Knight, Eagle Lake 4-H Club, and Patti Koch, Andres Koch and Bandy Tuck, Live Oak 4-H Club.

4-H youth participated in Share-the-Fun workshops. Concurrent sessions consisted of 1) Cowboy Poetry; 2) Stage Combat; 3) Comedy Improv; and 4) Stage Makeup.

Participants presented skits using Share-the-Fun categories, music, dance, poetry and comedy.

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Colorado County Council Chairman Brandt and Council Secretary/Reporter Tuck attended a media workshop titled Voices in Action Rapid Response Team Training.

The group attended the District 11 banquet where the 1997-98 District 11 Council officers were installed.

Knight was installed as member-at-large and will represent District 11 on State Council.

The Colorado County 4-H delegation was accompanied by County Agent Marty Graves and 4-H Program Assistant Sharon Grahmann.

Dr. Russell volunteers for Preceptor Program

In 1997, Texas continues to seek ways to find more primary care physicians in both rural and urban areas. For the past 20 years, the Texas Family Residency Program (TFRP) has trained family doctors to meet this need.

Currently, there are 31 community-based TFRP throughout the state.

As a part of this effort, the TFRP also funds the Texas Statewide Preceptorship Program (TSPP) in Family Practice.

The TSPP is designed to promote medical student interest in the specialized field of family medicine.

Much credit of the successful program has been attributed to its involvement with the Texas Academy of Family Physicians (TAFP).

This association, with more than 5,000 members, has provided volunteer family physicians who serve as preceptors to Texas medical students in conjunction departments of Family Practice.

Michael Gersch, currently a student attending UT Houston, participated in the TSPP, under the preceptorship of Russell Thomas, DO, from Eagle Lake.

Since its inception, the TSPP has enabled 3,248 clinical and 2,226 pre-clinical Texas medical students to work in the offices of experienced Texas family physicians, usually for a month at a time.

This exposure allows medical students to observe firsthand the challenges and satisfactions of practicing primary care, and to examine Family Practice as a serious personal career option.

A number of national studies have shown medical students are more likely to select a particular specialty based on the amount of exposure and quality of role models they encounter.

Jack Haley, MD, and Lewis Foxhall, MD, serve as co-coordinators for the TSPP.

The statewide preceptorship program is supported by the Texas Higher Education Coordinating Board, utilizing funds established through the Texas Family Residency Program (1977 House Bill 282).

Stipends enable participating students to offset living costs during their preceptorship.

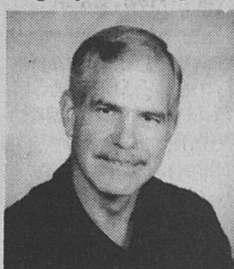
An effective preceptorship can promote students' awareness of their clinical strengths and weaknesses, increase their self-confidence and facilitate their application of classroom knowledge to the problems encountered by the family physician.

The good news is that medical students are recognizing the need for and value of becoming family physicians, and more students are choosing Family Practice, with Texas filling its highest number of Family Practice Residency slots than ever before.

As a result and in order to meet this demand, the 75th Texas Legislature increased the amount of state support for these medical education efforts by more than \$5 million for the next biennium.

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Eagle Lake Pilot Club

The Pilot Club of Eagle Lake met June 25, 1997, at Taco Tony's Restaurant for the installation of officers for the 1997-98 term.

Governor-elect, Brenda Rainosek of the Pilot Club of La Grange was the special guest for the installation.

The table decorations reflected the focus for the 1997-98 term, Friends Sharing Service.

Governor-elect Brenda conducted the impressive installation of officers: President, Mary Ann Kaluza; President-elect, Karen Teichman; Treasurer, Barbara Pidgeon; Recording

Secretary, Dawn Horndt; Corresponding Secretary, Stephanie Guthman; Director and PIF Representative, Dorothy Kohleffel; Director, Vanda Kumar; Historian, Myrt Ostrowski.

President and President-elect pins were presented to Mary Ann and Karen.

Pilot Club members presented the Past President's pin and gift to Nancy Grasshoff. Nancy will be moving to Fredericksburg and will be greatly missed by the Eagle Lake Pilot Club members.

Xi Pi Psi Chapter, Beta Sigma Phi

The 472nd meeting of the Xi Pi Psi Chapter of Beta Sigma Phi, met in the home of Cherry Corman May 20, 1997.

President Ernie Sommerlatte presided over the meeting and led the Opening Ritual.

Thank yous to Secret Sisters were given and upcoming birthdays and anniversaries were announced.

Patty Weatherly will be attending the State Convention the last week end in June in Houston.

Sorority members will begin work on community birthday calendars, collecting names of families and citizens who want to be listed on the calendar.

The calendars will go to press in Oct.

Hostesses Corman and JoAnn Gertson gave a first aid lesson on controlling bleeding.

Members learned to call 911 and then give care according to what one finds at the scene of an accident.

"Check, Call, and Care" were the three points emphasized.

Members moved to the pool area, where groups were given accident scenarios and asked to demonstrate steps and methods of injury care that

would need to be taken.

Dinner was served prior to the meeting.

The Chapter will be recognized as a three-star chapter for the 1996-97 year.

The 473rd meeting of Xi Pi Psi was held the home of Diane Brunner June 17, 1997.

The Chapter hosted a Bingo Party for the residents of Kevin Courts prior to the meeting complete with prizes and refreshments.

President Sommerlatte announced that granddaughter Samantha had been enrolled in the sorority's legacy program.

A Thank You note was read from Sunny Gertson, a 1997 graduate of Rice High School, who was the recipient of the Chapter's 1997 Scholarship.

The Chapter's service projects for the coming year will again be the Christmas Parade, Bingo at Kevin

Courts, Scholarship, the Community Center for Christmas, door decorations at the Heritage House and donations to International Projects.

The Chapter voted to recognize the Eagle Lake Police Department on the 1998 community birthday calendar.

Lynda Appelt discussed the prospective 1,000 bed prison the City is vying for and invited members to attend the public hearing.

Thank yous were given.

Glenda Blair presented a review of the Book of Beta Sigma Phi using the International Theme, "Sisters of the Heart".

Brunner hosted a dinner of chicken spaghetti with all the trimmings following the Closing Ritual and Mizpah.

The next meeting was announced for July 15 at the Sommerlatte home.

FRIENDS

is Colorado County's mentoring program, modeled after Big Brother/Big Sister, where a youth is matched one-on-one with a "Mentor". A mentor is someone, 16 years or older, who is willing to spend a minimum of one hour a week with a youth to be a positive role model and friend.

FRIENDS

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Funded by Texas Department of Protective and Regulatory Services

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Indians close out season with perfection

The Indians finished a "perfect season" with a 13-0 record.

Their season ended with a swimming party where trophies were given to each player and coach for all their

dedication to the team.

Selections to the All-Star Team from the Indians were announced: Miguel Arellano, Emerson Dawson, Charles Huffman, Michael Morales and Robert Scott.



The champions of the Minor League this year were the Indians. Pictured above, in front, from left, are Miguel Arellano, Drew Quinney, Michael Morales, Charles Huffman, Kory Janow and Dwight Dawson. In the center are Will English, Carlos Galvan, Emerson Dawson, Stephen Aguilar, Freeman Ayler and Robert Scott. In back, Assistant Coach Cleve Scott, Miguel Arellano and Head Coach Mike Morales.

Photo Courtesy of Indian Coaching Staff

Views On Dental Health

ATTILA'S LAW

Atilla's Law goes like this: If you hit anything long enough and hard enough with a big enough hammer, it will break. Most people seem to be using their teeth to test out Atilla's Law. Every time we bite into something hard, we are creating dental mechanical stress. Because enamel is the hardest part of the body, the teeth do OK - most of the time.

Teeth are actually specialized gears which cut, mash and grind up food. Also, like gears, they can be overloaded, break down, need repair, and break down again.

The good machinist knows the health of his machinery and seldom expects it to perform above its capacity. However, every time we crush an ice cube or eat our health food nuts and grains, we risk tooth breakdown. The more unhealthy or weakened the teeth, the more the chance of damage - and the expense of repair.

Think about this: Your blender needs special blades to crush ice cubes - so please don't expect your teeth to do as well.

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MILITARY NEWS

Marine Pfc. Jesse D. Bishop

son of Veronica F. Brown of Eagle Lake, recently completed the Advanced Personnel Administration Course at Personnel Administration School, Marine Corps Service Support School, Camp Lejeune, N.C.

During the seven-week course, senior non-commissioned officers like Bishop learned office management procedures and administrative policies. Bishop also studied the computer systems used for personnel administration throughout the Corps.

The 1996 graduate of Rice High School joined the Marine Corps in Aug. 1996.

Staff Sgt. Warren L Hurd

...has received a master's degree in business administration from Wayland Baptist University, Plainview.

While on active duty, military members are encouraged to further their education through off-duty programs. Many educational programs for service members are subsidized through tuition assistance or veterans' benefits. He received the degree through the military education extension program at Sheppard Air Force Base, Wichita Falls.

Hurd is a dental journeyman assigned to the 82nd Dental Squadron at Sheppard Air Force Base.

He is the son of Geardine Edwards and grandson of Eddie and Laura Hurd of Eagle Lake.

His wife, Dana, is the daughter of Minnie C. Kuykendall of Eagle Lake.

The sergeant graduated in 1987 from Rice High School and also received a bachelor's degree in 1995 from Wayland Baptist Univ. through the military education extension program at Sheppard Air Force Base.

Anniversary

Continued from Page 7

Harry Czarnek and the Vanek Brothers of Victoria.

Special guests Saturday will be State Comptroller John Sharp and Czech Ambassador Alexander Vondra.

There will be demonstrations featuring the fine arts of Czech Easter egg painting, rope making, various vendors offering a range of Czech glassware and much more.

There will be a \$50 prize drawing each hour from 1 to 6 p.m.; 1 to 5 p.m. Sunday. Two lucky folks will receive RCA camcorders; one given Saturday at 6 p.m.; the second Sunday at 4 p.m.

For more information, contact the SPIST Home Office, 254-773-1575 or 1-800-727-7578.